

The Miss Eagle Pass Competition

COMMUNITY SERVICE INITIATIVE (CSI) – SAMPLE

Contestant Name: Jane Doe

Local Title: Miss Eagle Pass Rising Star

“Healthy Minds, Stronger Futures”

Mental health is one of the most pressing issues facing my generation. Too many young people struggle in silence, feeling isolated, judged, or without access to resources. I chose this initiative because I know the impact firsthand—having supported close friends through anxiety and depression—and I believe no one should have to carry those struggles alone.

My goal is to normalize conversations about mental health in schools and communities. By creating workshops for teens, partnering with local counselors, and sharing awareness campaigns on social media, I aim to provide young people with the resources and encouragement they need to reach out for help.

I’ve already begun hosting “Mindful Mondays” sessions at my high school, where students gather to practice stress-reduction techniques and talk about emotional well-being. Moving forward, I plan to collaborate with Eagle Pass ISD, youth centers, and local nonprofits to expand this program into more schools.

As Miss Eagle Pass, I will use my platform to empower youth, parents, and educators with the tools to create safe spaces for open dialogue. Through school visits, social media advocacy, and community events, I aim to reduce stigma and build a culture of compassion. My CSI—“Healthy Minds, Stronger Futures”—isn’t just about awareness. It’s about giving the next generation the courage to speak up, seek help, and thrive.

■ ■ **Note for Contestants: Your CSI doesn’t need to be complex. It needs to be personal, authentic, and actionable. Share your why, outline your plan, and highlight how you’ll use the Miss Eagle Pass crown to make an impact.**